

November 1 CHICKEN TETRAZZINI Peas Corn Tossed Salad WW Bread Milk	November 2 Fruit Juice POLISH SAUSAGE w/Sauerkraut Steamen Cabbage Sliced Carrotts Green Beans Hot Dog Bun Milk	November 3 CRISPY FISH FILLET w/ TARTER SAUCE AuGratin Potatoes Winter Mixed Vegetables Bread Pudding with Sauce Corn Bread Milk	November 4 BAKED HAM w/PINEAPPLE SAUCE Sweet Potatoes Broccoli WW Bread Milk	November 5 SWISS STEAK & NOODLES Spinach Apple-Cranberry Crisp Tossed Salad WW Bread Milk
November 8 PORK CHOP w/MUSHROOM SAUCE Whipped Potatoes Winter Mixed Vegetables Peach Crisp WW Bread Milk	November 9 OVEN FRIED CHICKEN Mashed Potatoes w/Gravy Mixed Vegetables Peaches/Cottage Cheese Salad WW Bread Milk	November 10 Fruit Juice TACO SALAD CASSEROLE w/Picante Sauce Corn Refried Beans Tortilla Milk	November 11 Veteran’s Day	November 12 Fruit Juice SALISBURY STEAK w/MUSHROOM GRAVY Whipped Potatoes Harvard Beets Tossed Salad WW Bread Milk
November 15 SAUSAGE GRAVY over Biscuit Scrambled Eggs Spiced Peaches Milk	November 16 Fruit Juice LASAGNA Tossed Salad Carrots Texas Toast-Garlic butter Milk	November 17 ROAST TURKEY w/GRAVY Dressing Peas Mashed Potatoes Cranberry Sauce Pumkin Pie WW Bread Milk	November 18 Fruit Juice COUNTRY BEEF MACARONI California Blend Peach Crisp Cracked Wheat Roll Milk	November 19 Fruit Juice ROAST BEEF w/GRAVY Whipped Potatoes Scandinavian Mixed Veggies Cookie WW Bread Milk
November 22 PORCUPINE MEATBALLS w/gravy Rice California Mixed Vegetables Applesauce WW Bread Milk	November 23 PORK ROAST w/RICE PILAF Mushroom Gravy Mixed Vegetables Citrus Salad WW Bread Milk	November 24 Fruit Juice OVEN FRIED CHICKEN Mashed Potatoes w/Gravy Mixed Vegetables WW Bread Milk	*** Eagle to get Thanksgiving Dinner	
November 29 PEPPER STEAK W/RICE Broccoli Normandy Carrots Pudding Cracked Wheat Bread Milk	November 30 BEEF STEW w/CARROTS Brussel Sprouts (Cabbage) Fruit Crisp Tossed Green Salad Cracked Wheat Roll Milk		November 25 Thanksgiving	November 26 Thanksgiving Holiday (Closed)

Frozen meals are available for weekends and days that no meals are served- Upon request and arrangements with Site Manager. \$3.00 donation encouraged

Substitutions may be required to ensure a nutritious meal.

NOVEMBER 2004

CONGREGATE MEAL MENU 327-7460